



UNIT 5: Feedback

Leadership Skills



TOPICS DISCUSSED

- **Why feedback should be an integral part of leadership;**
- **Constructive feedback;**
- **How to communicate positive and negative feedback with virtual teams.**



BREATH FOCUS

How to Do It:

Sitting with the spine upright, exhale all of the air in your lungs out through your mouth. Close your lips and use your nose to inhale slowly until your lungs are full. For antara, hold the air in your lungs for a count of three to five seconds and then slowly release.



Feedback as an integral part of Leadership



Boosts employee engagement.

Makes employees more motivated.

Makes career development possible.

Makes leaders lead better

Constructive Feedback

Feedback must be given whether it's positive or negative, it should always be given in a friendly way, because in case of a mistake, that's how people learn. Individuals shouldn't be blamed for it, people should seek a solution instead of shaming the person that has made a mistake (Breuer et al., 2020).

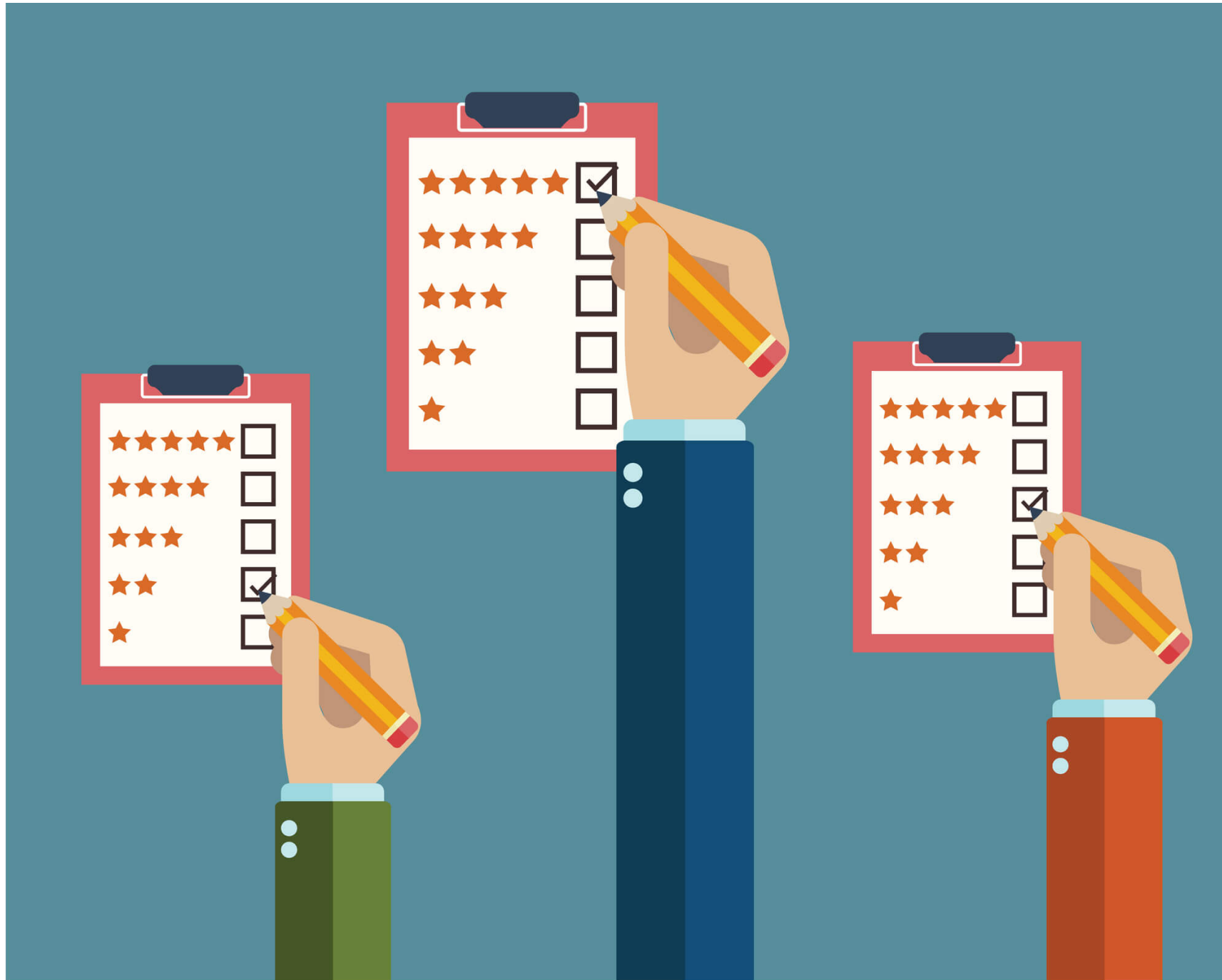


Communicating positive and negative feedback with virtual teams

VanWart et al. (2017) describes as e-communication skill that is a culture of constant feedback and clear communication.

Since the team is not face-to-face, if something is wrong, it can be harder to notice until some big mistake has been done.





Exercise to discuss:

- Describe how can your leader improve feedback while communicating with real virtual teams in your company.

References

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